

2018 GPS TRACK AND FIELD CHAMPIONSHIPS [13YRS & U - OPEN]



TIMING AND ORDER OF EVENTS

6.00am – GPS Admin Bump into venue

8.15am - Competitor entry to venue

9.15am – General Spectator entry to venue

1.00pm – 2.30pm School Captains Function &

GPS Headmasters Function

Event Number	Warm Up Start Time	Event Start Time	Age group	Name of event	Venue Area (refer to Venue Map)	Comments
1	SAF	9.30am	13 Yrs & U	Discus	D1	
2	8.15am	10.15am	16 Yrs	High Jump	HJ1 South	
3	8.15am	10.15am	15 Yrs	Long Jump	LJ2	
4	SAF	10.15am	14 Yrs	Discus	D1	
5	8.15am	10.15am	13 Yrs & U	High Jump	HJ2 North	
6	SAF	11.00am	15 Yrs	Discus	D1	
7	10.45am	11.00am	14 Yrs	Triple Jump		
8	SAF	11.30am	13 Yrs & U	90m Hurdles		
9	11.30am	11.45am	Open [17+]	Long Jump		
10	SAF	11.45am	16 Yrs	Discus	D1	
11	11.30am	11.45am	15 Yrs	Triple Jump		
12	SAF	11.45am	14 Yrs	Shot Put	SP2	
13	SAF	11.45am	13 Yrs & U	Shot Put	SP1	
14	SAF	11.50am	14 Yrs	100m Hurdles		NB changeover
15	SAF	12.00pm	15 Yrs	100m Hurdles		
16	11.45am	12.00pm	14 Yrs	High Jump	HJ2 North	
17	SAF	12.20pm	16 Yrs	110m Hurdles		NB changeover
18	SAF	12.30pm	Open [17+]	110m Hurdles		
19	SAF	12.30pm	Open [17+]	Discus	D1	
20	2.15pm	12.30pm	16 Yrs	Triple Jump		
21	SAF	12.30pm	15 Yrs	Shot Put	SP1	
22	12.30pm	12.45pm	13 Yrs & U	Long Jump		
23	SAF	1.00pm	Open [All Ages]	400m Hurdles		NB changeover
24	SAF	1.15pm	16 Yrs	Shot Put	SP2	
25	1.00pm	1.15pm	15 Yrs	High Jump	HJ1 South	
26	SAF	1.15pm	13 Yrs & U	Javelin	J1 or J2	
27	1.15pm	1.30pm	Open [17+]	Triple Jump		
28	1.15pm	1.30pm	14 Yrs	Long Jump		
29	SAF	2.00pm	14 Yrs	Javelin		
30	SAF	2.00pm	13 Yrs & U	200m		4 min intervals
31	SAF	2.04pm	14 Yrs	200m		
32	SAF	2.08pm	15 Yrs	200m		
33	SAF	2.12pm	16 Yrs	200m		
34	SAF	2.16pm	Open [17+]	200m		
35	SAF	2.30pm	Open [17+]	Shot Put	SP1	
36	4.15pm	2.30pm	16 Yrs	Long Jump		
37	4.15pm	2.30pm	13 Yrs & U	Triple Jump		
38	SAF	2.30pm	13 Yrs & U	800m		5 min intervals
39	SAF	2.35pm	14 Yrs	800m		
40	SAF	2.40pm	15 Yrs	800m		
41	SAF	2.45pm	15 Yrs	Javelin	J1 or J2	
42	SAF	2.45pm	16 Yrs	800m		
43	SAF	2.50pm	Open [17+]	800m		
44	2.45pm	3.00pm	Open [17+]	High Jump	HJ1 South	
45	SAF	3.10pm	13 Yrs & U	100m		4 min intervals
46	SAF	3.14pm	14 Yrs	100m		
47	SAF	3.18pm	15 Yrs	100m		
48	SAF	3.22pm	16 Yrs	100m		
49	SAF	3.26pm	Open [17+]	100m		
50	SAF	3.30pm	16 Yrs	Javelin	J1 or J2	
51	SAF	3.35pm	Open [All Ages]	3,000m		
52	SAF	3.50pm	13 Yrs & U	400m		4 min intervals
53	SAF	3.54pm	14 Yrs	400m		
54	SAF	4.00pm	Open [All Ages]	4x400m relay		Allow 7 min
55	SAF	4.06pm	15 Yrs	400m		
56	SAF	4.10pm	16 Yrs	400m		
57	SAF	4.14pm	Open [17+]	400m		
58	SAF	4.20pm	Open [17+]	4x400m relay		Allow 7 min
59	SAF	4.20pm	Open [17+]	Javelin	J1 or J2	
60	SAF	4.30pm	13 Yrs & U	1500m		7-8 min intervals
61	SAF	4.38pm	14 Yrs	1500m		
62	SAF	4.46pm	15 Yrs	1500m		
63	SAF	4.53pm	16 Yrs	1500m		
64	SAF	5.00pm	Open [17+]	1500m		
65	Southern D	5.15pm	13 Yrs & U	4x100m relay		5 min intervals
66	Southern D	5.20pm	14 Yrs	4x100m relay		
67	Southern D	5.25pm	15 Yrs	4x100m relay		
68	Southern D	5.30pm	16 Yrs	4x100m relay		
69	Southern D	5.35pm	Open	4x100m relay		
		5.45pm		GPS 100 Celebration Finale to the Year Presentation of Sir John Goodwin Cup to Champion Team "After Party" for Competitors on the centre field of the track Official Event Concludes		
		6.45pm				

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VENUES TABLE OF FIELD EVENT AREA

HIGH JUMP — NORTH HJ2

10.15am — 13 Yrs & U

12.00pm — 14 Yrs

JUMP PIT WESTERN GRANDSTAND — TRIPLE JUMP

11.00am — 14 Yrs

11.45am — 15 Yrs

12.30pm — 16 Yrs

1.30pm — Open [17+]

2.30pm — 13 Yrs & U

SHOT CIRCLE — SP1

11.45am — 13 Yrs & U

12.30pm — 15 Yrs

2.30pm — Open [17+]

DISCUS CIRCLE — SOUTH D1

9.30am — 13 Yrs & U

10.15am — 14 Yrs

11.00am — 15 Yrs

11.45am — 16 Yrs

12.30pm — Open [17+]

HIGH JUMP — SOUTH HJ1

10.15am — 16 Yrs/ 13 Yrs & U

12.00pm — 14 Yrs

1.15pm — 15 Yrs

3.00pm — Open [17+]

JUMP PIT WESTERN GRANDSTAND - LONG JUMP

10.15am — 15 Yrs

11.45am — Open [17+]

12.45pm — 13 Yrs & U

1.30pm — 14 Yrs

2.30pm — 16 Yrs

SHOT CIRCLE — SP2

11.45am — 14 Yrs

1.15pm — 16 Yrs

JAVELIN

1.15pm — 13 Yrs & U

2.00pm — 14 Yrs

2.45pm — 15 Yrs

3.30pm — 16 Yrs

4.20pm — Open [17+]

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EVENTS BY AGE GROUP

ALL AGE

1.00pm	400m Hurdles
3.35pm	3000m
4.00pm	4 x 400m Relay

OPEN [17 +]

11.45am	Long Jump
12.30pm	- 110m Hurdles
	- Discus
1.30pm	Triple Jump
2.16pm	200m
2.30pm	Shot Put
2.50pm	800m
3.00pm	High Jump
3.26pm	100m
4.14pm	400m
4.20pm	- Javelin
	- 4 x 400m Relay
5.00pm	1500m
5.35pm	4 x 100m Relay

16 Yrs

10.15am	High Jump
11.45am	Discus
12.20pm	110m Hurdles
12.30pm	Triple Jump
1.15pm	Shot Put
2.12pm	200m
2.30pm	Long Jump
2.45pm	800m
3.22pm	100m
3.30pm	Javelin
4.10pm	400m
4.53pm	1500m
5.30pm	4 x 100m Relay

15 Yrs

10.15am	Long Jump
11.00am	Discus
11.45am	Triple Jump
12.00pm	100m Hurdles
12.30pm	Shot Put
1.15pm	High Jump
2.08pm	200m
2.40pm	800m
2.45pm	Javelin
3.18pm	100m
4.06pm	400m
4.46pm	1500m
5.25pm	4 x 100m Relay

14 Yrs

10.15am	Discus
11.00am	Triple Jump
11.45am	Shot Put
11.50am	100m Hurdles
12.00pm	High Jump
1.30pm	Long Jump
2.00pm	Javelin
2.04pm	200m

2.35pm	800m
3.14pm	100m
3.54pm	400m
4.38pm	1500m
5.20pm	4 x 100m Relay

13 Yrs & U

9.30am	Discus
10.15am	High Jump
11.30am	90m Hurdles
11.45am	Shot Put
12.45pm	Long Jump
1.15pm	Javelin
2.00pm	200m
2.30pm	- Triple Jump - 800m
3.10pm	100m
3.50pm	400m
4.30pm	1500m
5.15pm	4 x 100m Relay