

GPS RULES OF COMPETITION

YEARS 5-12 · GYMNASTICS
EFFECTIVE 1 JANUARY 2018



100 Years Strong

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www.gpsqld.org.au

CONTACT

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The GPS Rules of Competition – Gymnastics is the master source document, found on the GPS website at www.gpsqld.org.au. The web based document acts as the official (authorised) reference document and is maintained based on authorised amendments in accordance with recommendations by the GPS Gymnastics Sub-Committee and accepted by the GPS Sport and Activities Committee.

APPROVED BY:

GPS Gymnastics Sub-Committee – 10 November 2016, 27 March 2017, 26 October 2017, 15 March 2018

GPS Sport and Activities Committee – 9 June 2017

Approved by the GPS Management Committee – 16 October 2017 [Final – pending]

GPS GYMNASTICS SUB-COMMITTEE

The chart below lists the members of the GPS Gymnastics Sub-Committee who voted on and recommended the technical rules included in this version of the document. This information is being included for historical purposes.

Name	Member School
Mr. Mark Dwyer	Chairman Head of Co-Curriculum (BBC)
No GPS Program	Anglican Church Grammar School
Mr. Josh Chambers	Brisbane Boys' College
No GPS Program	Brisbane State High School
Mr. Jack Coates	Brisbane Grammar School
Mr. Oliver Labone	St Joseph's College, Gregory Terrace
No GPS Program	Ipswich Grammar School
No GPS Program	St Joseph's Nudgee College
No GPS Program	Toowoomba Grammar School
Mr. George Jones	The Southport School
Nicole L'Efevre	GPS Executive Officer (Ex-officio)

THOSE SEEKING INTERPRETATIONS OF GPS RULES OR TECHNICAL SITUATIONS MAY CONTACT

- Ms. Nicole L'Efevre, GPS Executive Officer: nicolel@gpsqld.org.au

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SECTION A: PREAMBLE¹

1. These rules are for the 2018 GPS Gymnastics Season competition which is to be held in Term 2 of the school year.

SECTION B: LEAD UP MEETS

2. LEAD UP MEET ORGANISATION

- 2.1. The GPS season will consist of (2) two lead up meets prior to the GPS Championships.
- 2.2. A different school will nominate to host each event.
- 2.3. Wherever possible dates for meets will be set and confirmed as part of the overall scheduling of the GPS Calendar (one year ahead).
- 2.4. The Host School will set the date deadline for other schools to advise of their intention to participate in the lead up event. (It is suggested that schools nominate a closing date one week prior to the agreed date of the meet, and a date for Withdrawal Without Penalty).
- 2.5. Schools are to nominate by the closing date as advised by the Host School.
- 2.6. All withdrawals must be in writing.
- 2.7. The costs for conducting the lead-up meets (i.e. venue hire, if not at a GPS school facility, Judges and officials, catering and first aid) will be paid by the Host School, and then will be shared equally amongst participating schools. The Host School will be responsible for invoicing participating schools for their share at the conclusion of the season. This will be a point of business at the GPS round up meeting held post GPS Championships each year.²
- 2.8. Schools who withdraw after the Withdrawal Without Penalty date will be required to pay an equal share of the costs of the event to the Host School.

SECTION C: CHAMPIONSHIPS

3. DATE

- 3.1. The Championships shall be held on a weekend in Term 2, June³.

¹ GPS Gymnastics Sub-Committee meeting – 10 November 2016

² GPS Sport and Activities Committee Meeting – 10 May 2010; supports changes as proposed by GPS Gymnastics Sub-Committee

³ Change of term for GPS Championships event to be held in Term 4, GPS Gymnastics Sub-Committee meeting, – 10 November 2016; change to Term 2 from 2017

4. TIMING AND ORDER OF EVENTS

4.1. The Championships shall be conducted according to the schedule as outlined in Appendix B.

5. CONTROL

5.1. Officials invited by The GPS Association shall control the Championships. Gymnastics Queensland Inc. [G.Q.] shall be requested to supply suitably qualified judges, preferably three per apparatus⁴.

6. ADJUDICATION

6.1. Judicators shall judge according to the regulations set down by the International Gymnastics Federation [F.I.G]⁵.

7. RULES GOVERNING THE COMPETITION

7.1. The GPS Association adopts 2013- 2017 Gymnastics Australia [G.A] syllabus with any G.Q amendments⁶.

8. AGES

8.1. No student is eligible to take part in this competition at any time in the year of his 19th birthday or if he had turned 19 before the year of competition.

8.2. Eligibility Criteria⁷

8.2.1. To be eligible to compete at the Championships a gymnast must qualify in at least one GPS lead up meet [or use any Gymnastics Queensland or Gymnastics Australia event] and achieve a minimum score of 5 or greater for Division 2 and 3 and 9 for Division 1 on each apparatus as a verification of grading⁸.

8.2.1.1. Students in Years 5 to 12 only, enrolled in a GPS member school, may participate in the competition.

8.2.1.2. All students will be eligible for points in the competition.

9. DRESS

9.1. All competitors [Division 1, Division 2, Division 3]: White or single school colour pants / school coloured shorts, leotard with school colours or badge, with socks or socks and gym shoes.⁹

⁴ GPS Sport and Activities Committee Meeting – 10 May 2010; supports changes as proposed by GPS Gymnastics Sub-Committee

⁵ As per Footnote 2 below.

⁶ GPS Gymnastics Sub-Committee Meeting 2 June 2008 – clarification of existing international, national and state governing bodies for the sport; re-visited again in March 2010 review of rules; revisited 26 October 2017

⁷ GPS Gymnastics Sub-Committee meeting – 11 October 2010; clarification of eligibility criteria. Reviewed 4 November 2015 – Year 7s will be eligible for points from 2015.

⁸ GPS Headmasters via Flying Minute – 11 October 2013; Revision recommended at GPS Gymnastics Sub-Committee meeting – 12 September 2012

⁹ GPS Sport and Activities Committee Meeting – 10 May 2010; supports changes as proposed by GPS Gymnastics Sub-Committee

10. SPOTTERS

- 10.1.** Spotters / catchers may be used, but must be members of the official coaching team for that school.

11. POINTS

- 11.1.** Judging shall be conducted as set down by Gymnastics Australia. The GPS Association adopts 2013- 2017 Gymnastics Australia [G.A] syllabus with any G.Q amendments¹⁰.
- 11.2.** The Level 6 Vault is given the start score of 11.0 for the GPS Division 2 Championships competition.¹¹

12. TEAMS

- 12.1.** ¹²A team consists of 6 members in Divisions 1, 2 and 3, with the top 3 scores counting for each apparatus.
- 12.2.** All "B" teams Division 1, shall consist of any number of gymnasts. A maximum of 4 gymnasts from each school may compete on each apparatus for the "B" team.¹³
- 12.3.** Member schools which do not have a full team may enter individual gymnasts, as part of a Division 1, 2 or 3 composite team¹⁴.
- 12.4.** No "C" teams will be provided for in the Championships.

13. ORDER OF TEAMS

- 13.1.** The order of teams shall be the same for Division 1, Division 2, and Division 3 with respect to each piece of apparatus.
- 13.2.** The order of rotation of each school's "A" team will be determined annually.
- 13.3.** Teams shall follow the scheduled rotation for subsequent apparatus throughout the competition.

See APPENDIX C: Order of Teams / Competition Rotation of Gymnasts

¹⁰ GPS Gymnastics Sub-Committee Meeting 2 June 2008 – delete reference to maximum points allocated as this changes regularly, and refer to governing body rules used.

¹¹ GPS Headmasters via Flying Minute – 11 October 2013; Revision recommended at GPS Gymnastics Sub-Committee meeting – 14 May 2013.

¹² GPS Headmasters Meeting of 21 May 2007 agreed that the arrangements that were used in lead-up meets in 2006 should be formalized in the GPS rules; reviewed GPS Sport and Activities Committee Meeting – 10 May 2010; supports changes as proposed by GPS Gymnastics Sub-Committee. Change of wording GPS Gymnastics Sub-Committee meeting – 11 October 2010. GPS Gymnastics Sub-Committee meeting – 26 October 2017; revised team composition

¹³ GPS Sport and Activities Committee Meeting – 10 May 2010; supports changes as proposed by GPS Gymnastics Sub-Committee. Change of wording GPS Gymnastics Sub-Committee Meeting – 11 October 2010.

¹⁴ GPS Management Committee meeting – 16 October 2017; individuals permitted to compete as part of Composite Teams

14. ORDER OF COMPETITORS

- 14.1.** The order of rotation of gymnasts in each "A" team shall be determined by the team coach for each apparatus throughout the competition¹⁵.

15. LEVELS¹⁶

- 15.1.** The following Levels of Gymnastics Australia (GA) syllabus will apply to the respective competitions¹⁷:

- 15.1.1. Division 3: GA Level 3 or Level 4 modified requirements (Pommel handles only)
- 15.1.2. Division 2: GA Level 5 or Level 6 modified requirements (Pommel handles only).
- 15.1.3. Division 1: GA Level 7 Open requirements.

15.2. Divisions¹⁸

- 15.2.1. Any boy who has competed Level 7 or above at a Club / Regional or State competition within the last 2 years will be required to compete in Division 1.
- 15.2.2. Any boy who has competed Level 5 or 6 at a Club / Regional or State Level within the last 2 years will be required to compete in Division 2 (Although they are eligible to compete in Division 1).
- 15.2.3. Any boy who has competed Level 4 and under at a Club / Regional or State Level in the last 2 years, as well as school gymnasts, will be required to compete in Division 3 (Although they are eligible to compete in either Division 2 or Division 1). Except for Rule 5.1, there are no age limits to any division, nor any age minimums.
- 15.2.4. Any gymnasts who scores equal to or above 55.0 points at the GPS Championships in Divisions 2 and 3 must compete in the next level in the following year¹⁹.
- 15.2.5. All compulsory upgrades from Gymnastics Queensland will be enforced throughout the GPS season. E.g. a gymnast who is required by GQ rules to compete in Level 5 must compete in at least Division 2. A gymnast who is required by GQ rules to compete in Level 4 may compete in Division 3 as per item 12.2.3 (above).
 - 15.2.5.1. Year 5-6-7 students are subject to compulsory upgrades²⁰.
- 15.2.6. A gymnast may only compete in one division in any one season.²¹

¹⁵ GPS Sport and Activities Committee Meeting – 30 August 2010; supports changes as proposed by GPS Gymnastics Sub-Committee – current practice

¹⁶ GPS Headmasters Meeting of 7 March 2005 agreed that the then 3 Divisions (Senior/Junior/Grade 8) be changed to Divisions 1, 2 and 3 respectively and that the Divisions be competed at Gymnastics Australia Levels 7, 5 (modified requirements) and Level 4 (modified required) respectively. GPS Headmasters Flying Minute – June 2012 approved additional GA levels for GPS Divisions. GPS Gymnastics Sub-Committee meeting – 10 November 2016; to determine the placing of individual competitors for each Division for acknowledgement in the Presentation Ceremony, when two competitors are on equal scores, consider the highest start score and then consider who medalled in more events – for Div 1 go to countback based upon the above; for Div 2 & 3, award equal placings as per GQ State Junior Championships

¹⁷ GPS Sport and Activities Committee Meeting – 10 May 2010; supports changes as proposed by GPS Gymnastics Sub-Committee

¹⁸ GPS Gymnastics Sub-Committee review of rules July/ August 2010

¹⁹ GPS Headmasters via Flying Minute – 11 October 2013; Revision recommended at GPS Gymnastics Sub-Committee meeting – 20 March 2013

²⁰ GPS Gymnastics Sub-Committee Meeting – 11 October 2010, updated by Flying Minute – 24 November 2014.

²¹ GPS Gymnastics Sub-Committee Meeting – 11 October 2010.

16. AWARDS

16.1. The following trophies shall be awarded on the results of the championships:

- for Division 1 "A" Team competition;
- for Division 2 "A" Team competition;
- for Division 3 "A" Team competition;

16.1.1. The Jim Young Cup: The overall Champion School is based on Division 1 "A", and Division 2 "A" and Division 3 "A" Team competition aggregate.

16.1.2 Composite Teams are not eligible to win any Division Team competition awards nor the Jim Young Cup (the overall Champion School).

16.2. For the purposes of determining results for awarding Trophies, points based on scores achieved will be²²:

1 st	-	7
2 nd	-	5
3 rd	-	4
4 th	-	3
5 th	-	2
6 th	-	1

16.3. ²³The top three (3) individual gymnasts from Division 1A, 2A and 3A competitions will be recognized and presented with certificates at the GPS Gymnastics Championships.

16.3.1. Gymnasts from Composite Teams will be eligible for Individual Awards.

17. VENUE

17.1. The venue for the Championships will be as decided by the Committee and ratified by the incorporated body.

18. CANCELLATION OR POSTPONEMENT OF CHAMPIONSHIPS²⁴

18.1. If the Convenor of the Championships considers that weather or facility conditions will make the event impossible, he/ she must notify the GPS Executive Officer immediately. The GPS Executive Officer will communicate to all member schools, and if approved, the event will be postponed to an alternative Championship date (back up date).

²² GPS Headmasters Meeting of 15 August 2002 agreed: "That the scoring in Gymnastics be brought into line with other championship events to ensure equity in points available to each division". The Sports and Activities Committee on 13 October 2003 confirmed the points structure to be 1st – 7, 2nd to 6th – 5 to 1.

²³ Current practice as adopted in 2009. Revised GPS Gymnastics Sub-Committee meeting - 26 October 2017

²⁴ GPS Sport and Activities Committee Meeting – 13 October 2008

- 18.2.** Similarly, should the safety of competitors or spectators be at the risk of physical, environmental, political or health threats at the venue, the Convenor must notify the GPS Executive Officer immediately. The GPS Executive Officer will communicate to all member schools, and if approved, the event will be postponed to an alternative Championship date (back up date).

SECTION D: DISQUALIFICATION AND PROTEST PROCEDURES²⁵

- 19.** *Please note: The Protest Procedure relating to Scoring Discrepancy is taken directly from the Australian and International score protest procedure. The Head Coach may approach the Apparatus Head Judge at the end of the rotation for a discussion on why any given score was given. If the Head Coach wishes to challenge the explanation, the GPS Protest Procedure rolls into action and the school should complete the Protest Form in Appendix A. Protests cannot be made about execution scores, nor be made using comparisons to another gymnast's scores.*
- 20.** The GPS Sport and Activities Committee member and/or MICs of the relevant schools and /or Gymnastics Officials are to report, as soon as practical, any disqualification or protest to the Competition Director of the Championships and the GPS Executive Officer.
- 21.** A report of a disqualification or protest is to include the following detail:
- a. The competitors school;
 - b. The name of the competitor (if possible);
 - c. An explanation of the reason for the disqualification/ protest.
- 22.** The GPS Executive Officer is then to inform the Chair of the GPS Gymnastics Sub-Committee and the GPS Sport and Activities Committee member of the competitor's school of the disqualification/ protest and the reason for the protest. The Head Judge and Apparatus Head Judge may also be informed for their input (as well as with other Panel Judges if required). Video evidence is admissible.
- 23.** Any Protest relevant to a disqualification is to be lodged, by the school's GPS Sport and Activities Committee member or Master in Charge, with the GPS Executive Officer within 15 minutes of the time the disqualification is advised to the school.
- 24.** A Protest is to be made on the form attached²⁶.
- 25.** The GPS Executive Officer is then to brief the Chair of the GPS Gymnastics Sub-Committee on the protest.
- 26.** The Protest Hearing Committee will comprise:
- 26.1.** Chair: The Chair of the GPS Gymnastics Sub-Committee, (unless the Protest relates to a disqualification of a competitor of the Chair's school, in which case the Chair of the GPS Sport and Activities Committee will determine another GPS Sport and Activities Committee member to chair the Committee);

²⁵ GPS Sport and Activities Committee Meeting – 10 May 2010; supports changes as proposed by GPS Gymnastics Sub-Committee

²⁶ Revised 2010 – current practice

- 26.2.** Members: GPS Sport and Activities Committee members from two (2) GPS schools (appointed by the Chair) not involved in the Protest;
- 27.** Once the Protest Hearing Committee has reached a decision, that decision will be communicated by the GPS Executive Officer to;
- 27.1.** The GPS Sport and Activities Committee member and/or MICs of the relevant schools;
- 27.2.** and the Championship scorer.
- 28.** The results of an event in which a disqualification/ protest occurs will not be announced until a final decision has been made with respect to the disqualification/ protest.

SECTION E: AMENDMENTS TO RULES OF COMPETITION

- 29.** No amendment to these Rules of Competition is authorised unless such amendment is issued by the GPS Executive Officer of the Association.

APPENDIX A: PROTEST FORM

GYMNASTICS – PROTEST FORM

DATE: ____/____/____

FIXTURE/ EVENT: _____

SCHOOL PROTESTING: _____

REASON FOR PROTEST: _____

DETAILS: _____

SIGNED: _____

MIC

Signature

GPS Sport and Activities Committee member

Signature

Notification to:

- GPS Executive Officer
- Chairman of GPS Sport and Activities Committee
- Chairman of GPS Gymnastics Sub-Committee

GPS Office Use:

Note Time Received: _____AM/ PM

Receipt acknowledgement of Protest sent: _____AM/PM

Notification to:

- Chairman of Sport and Activities Committee (schools concerned)
- GPS Sport and Activities Committee member

Panel Convened: _____AM/ PM

Decision: Upheld Overturned

Advice to Headmasters/ GPS Sport and Activities Committee delegates (all schools):

NB. Attach additional documentation if required

APPENDIX B: GPS GYMNASTICS CHAMPIONSHIPS - TIMING AND ORDER OF EVENTS²⁷

8.00am Coach and Judges Briefing (for all Divisions)

DIVISION 3 (Level 3/4)

8.30am - 8.40am General Warm Up

8.40am - 8.45am March on

8.45am Division 3 Competition Commences

10.15am Division 3 Competition Concludes

DIVISION 2 (Level 5/6)

10.30am – 10.40am General Warm Up

10.40am – 10.45am March On

10.45am Division 2 Competition Commences

12.15pm Division 2 Competition Concludes

DIVISION 1 (Level 7 Open)

1.00pm - 1.10pm General Warm Up

1.10pm – 1.50pm Apparatus Warm up

1.50pm—2.00pm March On and National Anthem Welcome

2.00pm Division 1 Competition Commences

3.40pm Division 1 Competition Concludes

3.50pm - 4.00pm All boys assemble for Presentations

4.00pm—4.15pm Presentation ceremony

²⁷ GPS Gymnastics Sub-Committee – 10 November 2016; reviewed 26 October 2017

APPENDIX C: GPS GYMNASTICS CHAMPIONSHIPS – ORDER OF TEAMS / COMPETITION ROTATION OF GYMNASTS

Session 1 - Division 3 (Level 3/4)

		GT 'A'	TSS 'A'	GPS Comp 1	GPS Comp 2	BBC 'A'	BGS 'A'
General Warm up		8.30am-8.40am					
Welcome/March on	8.40am	Rotations					
Rotation 1	8.45am	PH	RR	VT	PB	HB	FX
Rotation 2	9.00am	RR	VT	PB	HB	FX	PH
Rotation 3	9.15am	VT	PB	HB	FX	PH	RR
Rotation 4	9.30am	PB	HB	FX	PH	RR	VT
Rotation 5	9.45am	HB	FX	PH	RR	VT	PB
Rotation 6	10.00am	FX	PH	RR	VT	PB	HB

Competition finishes at 10.15am

Session 2 - Division 2 (Level 5/6)

		GT 'A'	TSS 'A'	GPS Comp 1	GPS Comp 2	BBC 'A'	BGS 'A'
General Warm up		10.30am-10.40am					
Welcome/March on	10.40am	Rotations					
Rotation 1	10.45am	PH	RR	VT	PB	HB	FX
Rotation 2	11.05am	RR	VT	PB	HB	FX	PH
Rotation 3	11.25am	VT	PB	HB	FX	PH	RR
Rotation 4	11.45am	PB	HB	FX	PH	RR	VT
Rotation 5	12.05pm	HB	FX	PH	RR	VT	PB
Rotation 6	12.25pm	FX	PH	RR	VT	PB	HB

Competition finishes at 12.45pm

Session 3 - Division 1 (Level 7 Open)

		GT 'A'	TSS 'A'	GPS Comp 1	B' teams	BBC 'A'	BGS 'A'
General Warm up		1.00pm-1.10pm					
Apparatus warm up		1.10pm-1.50pm					
Welcome/March on	1.50pm	Rotations					
Rotation 1	2.00pm	PH	RR	VT	PB	HB	FX
Rotation 2	2.15pm	RR	VT	PB	HB	FX	PH
Rotation 3	2.30pm	VT	PB	HB	FX	PH	RR
Rotation 4	2.45pm	PB	HB	FX	PH	RR	VT
Rotation 5	3.00pm	HB	FX	PH	RR	VT	PB
Rotation 6	3.15pm	FX	PH	RR	VT	PB	HB
Presentations – 4.00pm							

PB – Parallel Bars; HB – High Bar; FX – Floor; PH – Pommel Horse; RR – Rings; VT – Vault

Basic notes: Division 3 will have 1 touch warm up. RR will warm up on separate rings then compete

Division 2 will have 1 touch warm up with an option of 2 for level 6